

## LET'S GO CRUISING

### Cruising for Beginners: Preparing Yourself and Your Boat

New to cruising or considering your first passage? This session was perfect for those planning their first passage and looking to build confidence. Participants learned how to prepare themselves and their boats, choose suitable routes, build confidence, and make the most of support from fellow cruisers. With insights from the CA's Channel Section Rally and practical advice from experienced cruisers, this talk helped them take the leap into cruising with clarity and enthusiasm.

#### Speaker: CA member Bob Garrett

Bob has sailed since his teens moving from dinghies to racing cruisers and then cruising with his wife Sue. From their base in Chichester Harbour, they have cruised their own yacht mainly in the English Channel doing up to 6 crossings per year. As CA Channel Section Secretaries, they have organised Channel seminars/webinars and Rallies for the last ten years. They have also sailed to Ireland, the Baltic (as far as Russia), the West coast of France, Northern Spain and the Netherlands as well as chartering or crewing further afield.



#### Summary of Points



**Cruising Skills Week Membership Offer!**  
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offer ends at midnight on Thursday 30 April 2026



Cruising Skills Week  
Presentation Recordings