

# ALL-DAY MEDITERRANEAN SECTION SEMINAR AT CA HOUSE

Sunday 13<sup>th</sup> March 2011

10:00 until 16:00



## MEDITERRANEAN CRUISING

### Programme

- 09:30-10:00 Registration **Tea and Coffee**
- 10:00-10:15 Welcome and Introductions
- 10:15-10.55 **Environmental Issues - Bill Anstead** *To increase awareness as to how our leisure boating activities might cause harm to the marine environment; how this might be mitigated; and to what extent we are subject to regulation in the Mediterranean.*
- 10:55-11:35 **Anchoring - Vyv Cox** *Anchor and rode selection, simple anchoring, stern-to, bows-to, lines ashore, lazy lines, and Greek lying to anchor.*
- 11:35-11-50 **Coffee Break**
- 11.50-12-30 **Minor Illness and Medicines on board - Dr Bernie Smallman**  
*Managing minor illness on board, insect bites, sea sickness, cuts and bruises. What to do and what medicines to have with you.*
- 12:30-13.10 **Weather- Frank Singleton** *How good are forecasts, how to get and use them.*
- 13.15-14.15 **Lunch**
- 14.30- 16.00 **Afternoon Session -Tea available throughout the afternoon**  
**Cruising Information Tables:**
- Western Mediterranean
  - Eastern Mediterranean
  - Adriatic
  - Getting involved with CA and Med Sec
  - Technical/equipment
  - Internet/MyCA
- Small Groups in Committee Room- Two short presentations by Jim Baerselman**  
*run twice, maximum 25 people per session.*
- 14.30-15.00 **Regulations/preparing your boat for the Med**
- 15.30-16.00 **Regulations/preparing your boat for the Med**
- 16.00 **Sale of second-hand Charts, Pilots etc.**