SATURDAY NOVEMBER 14th CA HOUSE, 1 NORTHEY ST., LIMEHOUSE, LONDON E14 8BT

PROGRAMME

10.00 Onwards **Registration**  Tea and coffee will be available.

11.00 **Welcome**

11.10  **Tackling the Chenal du Four and the Raz de Sein. Ian and Carole Robinson** have sailed to Southern Brittany and back to the East Coast several times. Ian will tell us how to use the tides to advantage

11.50  **Getting the best out of Cruising in France   Judith Grimwade** is the Biscay Section Secretary and has cruised the whole of the French Atlantic coast for over 10 years; she knows a thing or two!

12.45 – 14.00 **Lunch**

14.00 – 14.45  **Cruising Iberia Nick Ellis** Nick and Judith Ellis have cruised from Brittany to the Mediterranean, taking their time so that they could enjoy all that this region has to offer and wintering their boat in different locations as they made their way south.

14.45 -15.30  **Keeping a boat abroad.** There are few of us, undertaking extended cruising who do not leave a boat in a foreign port, at some time or another. **Roger Bickerstaff** will share his experiences. Was it riskier or more expensive than a UK marina?

15.30 -16.00 **Tea**

16.00- 16.45  **Accessing Information David Lovejoy** Weather forecasts, up to date cruising information, finding sources of support make a great difference. David will look at the technology and some of the sources of information now available to us.

16-45-17.15 **Question Time** We will try to answer questions not addressed during the previous sessions.

Cost (Includes tea/coffee. Two course hot buffet lunch and Information Pack

CA Members £30 or £55 per couple Non-Members £45

You do not have to be a CA member to attend this seminar. Non-members joining the CA on the day with a direct debit will receive the difference in attendance costs.

To book, please use this link

<http://thecaevents.eventbrite.co.uk/>

For further information please contact [biscay@cruising.org.uk](file:///C%3A%5CUsers%5CJudith%5CAppData%5CLocal%5CTemp%5Cbiscay%40cruising.org.uk)