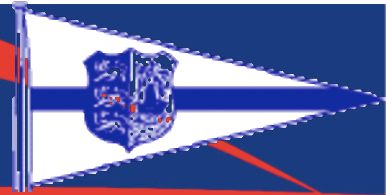




Essex



Fitting Out Lunch & Talk by Colin Stroud of the Coastguard Rescue Service

At the Blackwater Sailing Club, CM9 4SD

Saturday 17th March

12:30 noon for 13:00 Lunch

Talk at 14:15

HM Coastguard have been through huge changes in recent years. These changes affect our cruising. Colin will bring us up to date with the workings of the modern Coastguard and help us understand how to help them to help us.

Colin has 45-plus years of sailing experience include yachting, motor-boating, rowing, windsurfing and kayaking. His current boats include a 23' gaff rigged Falmouth Working Boat, an 8m motor cruiser and a lug sailed dinghy. He has written a book on single handed sailing.

Lunch Menu

Chicken with chorizo, chick peas and tomatoes

Lamb meatballs

Butternut squash pie

Sticky toffee tart

Chocolate roulade

(Served with custard or cream)

Cheese & Biscuits

Tea & Coffee

Members: Talk and lunch £13, talk only £3.

Non-members: Talk and lunch £15, talk only £5