

# **'Suddenly Alone at Sea' Shore-Based Training Day**

To be held at:-

**Southern Sailing School – RYA Approved Training Centre**

**Southampton Water Activities Centre  
Floating Bridge Road, Southampton SO14 3FL**

**The training day is aimed at the weaker of a crew of two  
on a sailing yacht or motor boat  
who suddenly finds themselves alone at sea  
due to MOB or accident or illness**

**Choice of 2 Training Days - Saturday 7<sup>th</sup> March and Saturday 14<sup>th</sup> March.**

**9.30am to 5.00pm**

**Cost £35 – With payment required at the time of booking**

**Course details and Booking Forms in pdf attachment below**

**PRE-BOOKING IS ESSENTIAL and ONLY VIA THE CA ORGANISER:**

**Richard Maclaurin-Pratt, Hon. Treasurer CA Solent Section**

**Contact details on the Booking Form in the attachment below**

**Please make your booking as soon as possible. Numbers are limited**

***PLEASE NOTE - THIS TRAINING DAY IS INTENDED FOR CREW (NOT SKIPPERS)***