

PRESS RELEASE

FOR IMMEDIATE RELEASE

Cruising is not just about crossing oceans

Suffolk seminar planned for cruising with a view

Do you sail in coastal waters and are planning on spending more time afloat?

The Suffolk Section of the Cruising Association is organising a day just for your sort of sailing on October 25 this year.

Not everyone wants to sail off into the blue yonder or circumnavigate the globe. But a lot of people want to spend more time in retirement or on a sabbatical cruising with a view.

In association with the Royal Harwich Yacht Club on Suffolk's River Orwell, the CA Suffolk Section has a group of speakers and presentations covering many aspects of life afloat.

There will be eight talks covering practicalities such as shutting your house up for a few months, renewing car insurance while you are away, credit cards, direct debits, and much more.

David Sadler, joint secretary of the Suffolk Section of the CA, said: "Living aboard is not the same as holidaying aboard. Things like mattresses and cookers need to be upgraded for easier living.

"Our speakers for the day are all experts in their own field. The day will be very informative as well as giving an insight to the CA which has nearly 5,000 members sailing both worldwide and nearer to home."

Speakers include:

David Sadler on What it is like to live aboard and possible costs and savings of the life ;

Sue Sutherland on Communications and Keeping in Touch;

Stuart Burgess on Insurance Matters including the boat, home, cars and crew;

Colin Iskander on Forward Planning – is it vital or just a waste of time;

Mike Graham on Preparation including rigging and equipment, spares, safety and medication;

Jim Bearselman on Rules, Regulation and Administration – there's no escape from paperwork;

And Keith Pettican on Where to go – near or far.

The day costs £45 which will include a hot buffet lunch. Please e-mail: suffolk@cruising.org.uk to make sure of your place or for more information.

The CA is based in Limehouse Basin in London's Docklands but has 19 Sections including Suffolk, South West, Celtic and regions around the UK, as well as the inland waterways of France, Belgium and Holland, Mediterranean, Blue Water and Baltic.

Each section organises meetings and rallies in the summer as well as talks and seminars in the winter.

Take a look at: www.cruising.org.uk

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